

POST ON YOUR REFRIGERATOR FOR FRIENDS AND FAMILY AND GUESTS

Be clear on your location to explain to the ambulance service:

- a) Your house name (and number if you have one)
- b) Your colonia: For example: Las Brisas, Santa Maria, Buenas Aires, El Ancon, Palo Blanco, Estrella, Costa Brava for example
- c) Any cross streets or landmarks: eg Elephant Tree, Don Pepe, Pantheon abajo or arriba (Cemetery - below or above), Laguna Park or Tres Palapas pickleball...

1) PUBLIC AMBULANCE - Proteccion Civil - relies upon donations and volunteers

Used typically by: Mexican residents and anyone who doesn't have insurance, relies on user and community donations
Hospitals: Will generally take you to H+ hospital, St. Lukes's or your hospital of choice in La Paz or Los Cabos

How to Contact: Call 911 but ask for "Los Barriles - Ambulancia Publica" (Public Ambulance). It is very important that you mention Los Barriles

2) EAST CAPE MEDICAL - private ambulance service

Used typically by: people with private insurance
Hospitals: Will take you to H+ hospital in San Jose

How to contact: (624) 124-8203 - 24 hours

3) BAYWATCH AMBULANCE SERVICE - private service supported by St Luke's

Used typically by: people with private insurance
Hospitals: Will take you to H+ hospital, St. Lukes's or your hospital of choice in La Paz or Los Cabos

How to contact: Call 911 ask for "Los Barriles - Baywatch" or "Ambulancia privada"